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THE MIND IS THE SLAYER OF THE REAL

A study of The Bhagavad Gita, The Voice of the Silence and the writings of William Q. Judge, with the modern philosophy of Eckhart Tolle's A New Earth.

by a correspondent

For a moment, I was able to stand back from my own mind and see it from a deeper perspective, as it were. There was a brief shift from thinking to awareness....

At that moment of detachment from my mind, I laughed out loud.

It may have sounded insane, but it was laughter of sanity, the laughter of the big-bellied Buddha. "Life isn't as serious as my mind makes it out to be....thinking is only a tiny aspect of the consciousness *that we are.*"

A New Earth by Eckhart Tolle

Chapter Seven of the 'Notes on the Bhagavad Gita':

"Man, made of thought, occupant only of many bodies from time to time, is eternally thinking.

His chains are through thought, his release due to nothing else.

His mind is immediately tinted or altered by whatever object it is directed to.

By this means the soul is enmeshed in the same thought or series of thoughts as is the mind. If the object be anything that is distinct from the Supreme Self then the mind is a once turned to that, becomes that, is tinted like that.

This is one of the natural capacities of the mind. It is naturally clear and uncolored, as we would see if we were able to find one that had not gone through too many experiences. It is moveable and quick, having a disposition *to bond from one point to another.*"

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'The Voice of the Silence':

The rose must re-become the bud, born of its parent stem before the parasite has eaten through its heart and drunk its life-sap... The pupil must regain the child state he has lost ere the first sound can fall upon his ear.

Silence thy thoughts and fix thy whole attention on thy Master, whom yet thou dost not see, but whom thou feelest.

Ere thy Soul's mind can understand, the bud of personality must be crushed out; the worm of sense destroyed past resurrection.

This light shines from the jewel of the Great Ensnarer, Mara (that which kills the Soul). The senses it bewitches, blinds the mind and leaves the unwary an abandoned wreck....

The unwary Soul that fails to grapple with the mocking demon of illusion, will return to earth the slave of Mara.

Behold the Hosts of Souls. Watch how they hover o'er the stormy sea of human life, and how exhausted, bleeding, broken-winged, they drop one after other on the swelling waves.

"Ego-identification with things, which in turn creates our consumer society and economic structures where the only measure of progress is always more. The unchecked striving for more, for endless growth, is a dysfunction and a disease." (an abandoned wreck)

Eckhart Tolle, *A New Earth*

Throughout 'A New Earth' are examples we all share, of the ways in which Mara deludes us and causes us to think and act from the place of separateness and selfishness. Tolle indicates that it is through the examination of these attachments that we can become aware of their cause (unconsciousness). He shows that the emotions indicate our attachment to the objects of sense and that in becoming aware of this, through the feelings of being upset or anxious we can –

close fast thy senses against the great dire heresy of Separateness that weans thee from the rest.

The Self of Matter (attachment) and the SELF of Spirit (awareness) can never meet.

One of the twain must disappear; there is no place for both. (The Voice)

"The thought forms of 'me' and 'mine', of 'more than', of 'I want', 'I need', 'I must have', and 'not enough', pertain not to content but to the structure of the ego (personality, lower manas). The content is interchangeable.

As long as you don't recognize those thought forms within yourself, as long as they remain unconscious, you will believe in what they say; you will be condemned to acting out those unconscious thoughts, condemned to seeking and not finding – because when those thought forms operate, no possession, place, person or condition will ever satisfy you. No content will satisfy you, as long as the egoic structure remains in place. No matter what you have or get you won't be happy. You will always be looking for something else that promises greater fulfilment, that promises to make your incomplete sense of self complete and fill that sense of lack you feel within."

A New Earth

Krishna:

"A man is said to be confirmed in spiritual knowledge when he forsaketh every desire which entereth into his heart, and of himself is happy and content in the Self through the Self. His mind is undisturbed in adversity; he is happy and contented in prosperity, and he is a stranger to anxiety, fear and anger. Such a man is called a Muni (a wise man)." Gita

The New Earth indicates that we are not our body, we are not our desires, we are not our thoughts or feelings, but that we are the space (awareness) in which they exist.

Krishna:

"I establish the whole universe with a portion of myself and remain separate."

In Tolle's understanding of giving up role-playing we see the example of realizing that we are more than the sum of our parts. That no

matter what we are or think or are limited by today, there is THAT within which is changeless.

"In form, you are and always will be inferior to some, superior to others. In essence, you are neither inferior nor superior to anyone. True self-esteem and true humility arise out of that realization. In the eyes of the ego (personality), self-esteem and humility are contradictory. In truth, they are one and the same." A New Earth

H.P.Blavatsky indicates the importance of never doing things by halves, but when we know something is right to do it with purpose and energy. Mr. Judge indicates that all doubting must be abandoned. They both indicated that when we overcome such tendencies the world would begin to change. In the final pages of Eckhart Tolle's **A New Earth**, these wise sentiments are expressed as absolutely essential to our evolution. We are making ourselves sick and tired with such feelings of negativity.

Eckhart quotes Emerson and says:

"Unlike stress, enthusiasm has a high energy frequency and so resonates with the creative power of the universe.

This is why Ralph Waldo Emerson said that, "Nothing great has ever been achieved without enthusiasm."

The word enthusiasm comes from ancient Greek en and theos, and the related word enthousiazein means "to be possessed by a god." With enthusiasm you will find that you don't have to do it all by yourself. In fact, there is nothing of significance that you can do yourself (as a personality)."

From Mr. Judge's article "**The Synthesis of Occult Science**":

Man is a perfected animal, but before he could have reached perfection even on the animal plane, there must have dawned upon him the light of a higher plane. Only the perfected animal can cross the threshold of the next higher, or the human plane, and as he does so there shines upon him the ray from the supra-human plane.

Therefore, as the dawn of humanity illumines the animal plane, and as a guiding star lures the Monad to higher

consciousness, so the dawn of divinity illumines the human plane (of consciousness).

In the article from the Theosophical Movement for July 2008 we can close with a student's words:

"Therefore, man, in his essential spiritual nature, is inherently perfect. The inherent perfection, however, is eclipsed by the lower material principles, when the Ego is incarnated. The whole purpose of human life is to bring the inherent perfection into full manifestation here, on earth, while still living in the earthly body.

It must be accomplished through a conscious realization of the true nature of self, purifying and obtaining self-mastery over our lower nature and subjugating it to serve the Divine Ruler within."

Eckhart Tolle as a student-teacher writes and speaks this wisdom in such a way that it is of benefit to many.

Albert Schweitzer stated that example is not the main thing in life, **it is the only thing** and Mr. Judge indicates in **Letters that have Helped Me** on page 71:

"What of the future, and what of the defined object, if any, for our work?"

There is, first, own work, in and on ourselves, each one. That has for its object the enlightenment of oneself for the good of others. If that is pursued selfishly, some enlightenment comes, but not the amount needed for the whole work.

We have to watch ourselves, so as to make of each a centre from which, in our measure, may flow out the potentialities for good that from the adept come in large and affluent streams.

The future, then, for each, will come from each present moment. As we use the moment, so we shift the future up or down for good or ill; the future, being only a word for the present, not yet come, we have to see to the present more than all.

If the present is full of doubt or vacillation, so will be the future; if full of confidence (enthusiasm), calmness, hope, courage and intelligence, thus also will be the future."

PRONUNCIATION KEY

for reading Sanskrit

THE pronunciation of Sanskrit words is simple when the principles governing the alphabet are known, and when the system of transliterating the Devanāgarī characters is understood, *because there are no 'silent' letters as in English.*

Further, every letter or every combination (of letters) always has the same sound without variance. The alphabet is written in Devanāgarī¹ and is based on scientific principles.

It commences with the vowels.

It will be observed (in the diagram which follows (in next month's edition of the AQ)) that each vowel has a short and long form — the latter being distinguished by a diacritical mark.

The order of the consonants runs according to the means required for pronunciation, commencing with those which are sounded at the back of the mouth, in the throat — the Gutturals — moving forward position by position — i.e., to the Palatals, Linguals, Dentals — to the sounds made against the lips — the Labials (see Diagram).

Then follow the Semivowels (one for each of the above positions of the mouth), and the Sibilants, concluding with the Aspirate — h.

¹ The name by which Sanskrit writing is known, called the language of the gods: lit. 'god-city.'

Placed in diagrammatic form, the Sanskrit alphabet is as follows:

VOWELS									
अ	a	आ	â	इ	i	ई	î	उ	u
ऊ	û	ऋ	ṛi	ॠ	ṛî				
ऌ	ḷi	ॡ	ḷî	ए	e	ऐ	ai	ओ	o
औ	au								
: anusvâra (ṁ or ṅ)					: visarga (ḥ)				
CONSONANTS									
HARD					SOFT				
					SEMI- SIBI- VOWELS LANTS				
क ख ग घ ङ					च छ ज झ ञ य श				
GUTTURALS ka kha ga gha ṅa					PALATALS cha chha ja jha ṅa ya śa				
ट ठ ड ढ ण र ष					त थ द ध न ल स				
LINGUALS ṭa ṭha ḍa ḍha ṇa ra sha					DENTALS ta tha da dha na la sa				
प फ ब भ म व ह					प फ ब भ म व ह				
LABIALS pa pha ba bha ma va ha (Aspirate)									
	↑		↑			↑	↑		
	1		2			3	4		

It will be observed that the second and fourth vertical columns represent **aspirated letters** of the first and third columns respectively.

It is the pronunciation of these aspirated letters which seems to cause the greatest difficulty to English-speaking students, who usually place a vowel between the two letters and thus cause a hiatus (which is foreign to Sanskrit).

It is imagined that such sounds do not occur in the English language, but they do, as the following words clearly illustrate:

inkhorn, (i.e. an out-breath on the 'or')
leghorn,
witch-hazel,
right-handed, hedgehog
adhere
upheaval,
abhor.

'Gods & Heroes of the Gita' by Barbaroka, p 130-1.

(The series will be continued.)

The Amrita-bindu Upanishad

- a drop of the nectar of immortality

The Hidden Self

The mind may be said to be of two kinds,
Pure and impure. Driven by the senses
It becomes impure; but with the senses
Under control, the mind becomes pure.

*It is the mind that frees us or enslaves.
Driven by the senses we become bound;
Master of the senses we become free.
Those who seek freedom must master their
senses.*

When the mind is detached from the senses
One reaches the summit of consciousness.
Mastery of the mind leads to wisdom.
Practice meditation. Stop all vain talk.
*The highest state is beyond reach of thought,
For it lies beyond all duality.*

*Keep repeating the ancient mantram OM
Until it reverberates in your heart.*

Brahman is indivisible and pure;
Realize Brahman and go beyond all change.
He is immanent and transcendent.
Realizing him, sages attain freedom
And declare there are no separate minds.
They have but realized what they always are.

Waking, sleeping, dreaming, the Self is one.
Transcend these three and go beyond rebirth.

There is only one Self in all creatures.
The One appears many, just as the moon
Appears many, reflected in water.

The Self appears to change its location

But does not, just as air in a jar
Changes not when the jar is moved about.
When the jar is broken, the air knows not;
But the Self knows well when the body is shed.

We see not the Self, concealed by maya;
When the veil falls, we see we are the Self.

The mantram is the symbol of Brahman;
Repeating it can bring peace to the mind.

Knowledge is twofold, lower and higher.
Realize the Self; for all else is lower.
Realization is rice; all else is chaff.

*The milk of cows of any hue is white.
The sages say that wisdom is the milk
And the sacred scriptures are the cows.*

As butter lies hidden within milk,
The Self is hidden in the hearts of all.
Churn the mind through meditation on it;
Light your fire through meditation on it:
The Self, all whole, all peace, all certitude.

"I have realized the Self," declares the sage,
"Who is present in all beings.
I am united with the Lord of Love;
I am united with the Lord of Love."

OM Shanti Shanti Shanti

This is the whole of the Amritabindu Upanishad (the name means "drop of the nectar of immortality"). Brahman refers to the ultimate reality, the supreme Godhead, beyond all distinctions or forms. Translated by Eknath Easwaran in *The Upanishads* (Petaluma, California: Nilgiri Press, 1987).

<http://www.nilgiri.org/Content/Special/passagePopUp.php5?passId=49>

(Our thanks to a correspondent for this portion of the ancient wisdom. Ed)

HAWKING UNVEILS 'STRANGEST CLOCK'

A £1m clock called the "time eater" has been unveiled at Cambridge University by Professor Stephen Hawking.

The author of A Brief History of Time was guest of honour when the unique clock, which has no hands or numbers, was revealed at Corpus Christi College.

Dubbed the strangest clock in the world, it features a giant grasshopper and has 60 slits cut into its face which light up to show the time.

The clock face is gold-plated and almost 4ft wide



Its creator John Taylor said he "wanted to make timekeeping interesting".

The Corpus Clock will stand outside the college's library and will be on view to the public.

Tribute

Dr Taylor is an inventor and horologist - one who studies the measurement of time - and was a student at Corpus Christi in the 1950s.

He has given the clock as a gift to his former college.

The grasshopper or "chronophage", meaning "time eater", advances around the 4ft-wide face, each step marking a second.

Its movement triggers blue flashing lights which travel across the face eventually stopping at the correct hour and minute.

But the clock is only accurate once every five minutes - the rest of the time the lights are simply for decoration.

Dr Taylor told the Daily Mail newspaper he decided "to turn the clock inside out... so you can see the seconds being eaten up".

"... I also wanted to depict that time is a destroyer - once a minute is gone you can't get it back.

"That's why my grasshopper is not a Disney character. He is a ferocious beast that over the seconds has his tongue lolling out, his jaws opening, then on the 59th second he gulps down time."

It took a team of eight engineers and craftsman five years to mould the 24-carat gold-plated face.

Dr Taylor made his fortune developing the kettle thermostat.

See full story and video at <http://news.bbc.co.uk/1/hi/technology/7625815.stm>

(This clock has an interesting feature in the choice of **BLUE** for the colour of the 'light-indicating-hands' – perhaps we read **to much into it**, but the measurement of daily time relates to the Sun and the Earth's passage around IT: and HPB often said the **true colour of the Sun was BLUE**.

The choice of a **Dragon-like** reptile indicating wisdom is remarkable.

Patanjali speaks of the great mystery of time, and he who discriminates the "ultimate divisions of time... thus goes on to greater and wider perception of principles in nature which are so recondite that modern philosophy does not even know of their existence..." from WQJ. Ed.)

"Therefrom results in the ascetic a power to discern subtle differences impossible to be known by other means." (Yoga Sutras, Bk 3)

ITC NEEDS YOUR HELP!

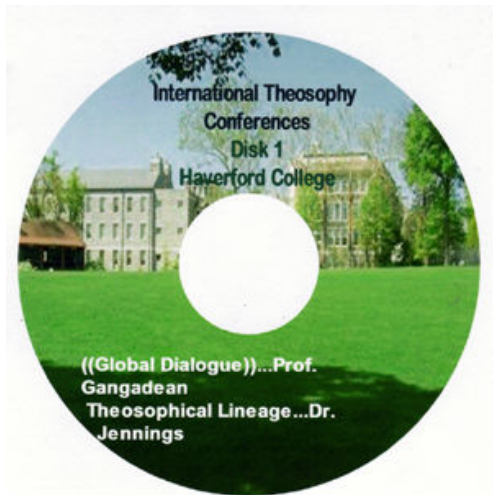
International Theosophy Conferences

<http://www.theosconf.org/>

The conference at Haverford College near Philadelphia was a wonderful expression of wisdom.

There were expenses, however, that went over budget. As a way to enhance donations to help, we are making the following possible:

For donations of \$100 or more, one can receive a COMPLETE SET of DVDs of the entire conference. Available as well is a COMPLETE SET of CDs (audio only) for donations of \$75 or more, of the conference.



-- Great for those who were unable to attend the conference in person.

-- These conference recordings are unedited - just as it was.

-- Professionally done making the disk sets attractive gifts.

-- Presenters - representing four different Theosophical traditions.

International Theosophy Conferences, Inc. is a Non Profit organization dedicated towards awareness of the teachings and Theosophical unity.

To purchase contact: jim@jim2sal.com

International Theosophy Conferences, Inc.
PO Box 459, Julian, CA 92036, USA.

Stressed plants 'produce aspirin'

... and use chemical warnings for other plants

Plants facing stressful conditions like drought produce their own aspirin-like chemical, US researchers say.

The chemicals are produced as a gas to boost the plant's biochemical defences, say scientists from the National Center for Atmospheric Research in Colorado.

They suggest that monitoring this could give farmers early warning of possible crop failures.

...

Researchers stumbled on the discovery while monitoring a walnut grove



Ability to communicate

Writing in the journal Biogeosciences, the researchers said they found the chemical accidentally when they were monitoring emissions of volatile organic compounds...

...

The researchers believe it may also help plants to signal danger to one another.

"These findings show **tangible proof that plant-to-plant communication occurs on the ecosystem level,**" says Alex Guenther, a co-author of the study.

"It appears that plants have the ability to communicate through the atmosphere."

CORRESPONDENCE

The lamp of Wisdom

Dear L

This seems to be a good poem to read at the Wednesday evening class, what do you think?

Have a nice weekend, M.

The lamp of Wisdom

To all who long and strive to realize Self,
Illumination comes to them in this very life.
This divine awareness never leaves him,
And they work unceasingly for the good of all.

When the lamp of wisdom is lit within,
Their face shines, whether life brings weal or woe.
Even in deep sleep that are aware of Self,
For their mind is freed from all conditioning.

Inwardly they are pure like the cloudless sky,
But they act as if they too were like us all.
Free from self-will, they detached intellect,
They are aware of the Self even with their hands
at work.

Neither afraid of the world, nor making the world
afraid,
They are freed from greed, anger, and fear.
When the waves of self-will subside
Into the sea of peace that is the Self,
The mind becomes still, the heart pure,
And illumination comes to us in this very life.

When this supreme state is attained,
They neither rise nor fall, change nor die.
Words cannot describe the supreme state
For it is fuller than fullness can be.

from the Yoga Vasistha (a Hindu scripture) 3 : 23-30

Sale of DVDs of 2008 Conference

**to raise funds for the Haverford Conference,
Philadelphia, held in August**

Dear Editor

We are in appreciation for your kind offer to publicise our appeal for support funds in the September or October Aquarian Theosophist.

The additional costs were incurred for the Haverford College Conference (near Philadelphia, Pennsylvania) when we were informed, just prior for the conference, that there were to be additional \$2,000 in expenses involving the use of their equipment plus added food costs.

It was also learned that a donation to an associated college foundation would be appreciated. We have met approximately \$1500 of the direct \$2,000 additional cost by making available DVDs which portray the entire conference. We would intend to make a donation to their foundation.

We also see a need to fund this new non-profit organization, "International Theosophy Conferences" as we would like to offer scholarships, in the future, for those unable to attend due to lack of funds.

Although this organization was started and is presently composed of mostly ULT students, one of its major purposes is to provide a vehicle to promote Theosophical unity among all Theosophical groups.

For those wishing to contribute from Europe or outside the United States, wire transfers can be done (contact jim@jim2sal.com for details).

We can accept credit cards. If hesitant to give this number by mail or email, call: +001 (760) 765-1090.

Thanks,

Jim

(See circular email on p 7)

WISDOM IN ACTION

no method is the true method

The Theosophical Society was founded by Masters as an organization for the promulgation of the Wisdom Religion. That organization has split into fragments.

Of course, in all the Theosophical societies the message brought by H.P.B. to the Western world is the basis of their existence. The average person makes much of organization, form, method, authority—what not, and crystallization of idea defeats understanding. Thus the attacks, splits, controversies and other follies that have been perpetrated during the history of the Movement in this generation. ***You must have noticed that all the difficulties that have arisen in the T. S. raged around personalities, rather than over doctrinal differences.*** This is significant.

The T. S. represents the world. In it, in embryo, are fought the battles of the world. Ignorance, superstition, selfishness, ambition—all are there. There are other dangers menacing such a body as the T. S. besides the “personal-following” one.

Sometimes self-appointed conservators of the body arise, with hard and fast conclusions as to men, things and methods. These seek to impose their ideas as the only true ones—in reality, endeavoring to make a personal following under the name of a policy—***forgetting that no method is the true method***; that the true method must be a combination of all methods. All these things are lessons—initiations in occultism—if we read them aright. The T. S. presents such lessons as can be had nowhere else in the world of men.

Into each fragment of the original T. S., there have entered many attracted by the philosophy. The right or wrong of the splits does not affect them. ***In each fragment there must be those who are good and true disciples of Masters.*** As far as my knowledge goes, I would

say that Masters are working in many ways, and through many organizations as well as with individuals. There are no barriers to Their assistance, except such as personalities impose upon themselves. Their work is universal; let our view be as much in that direction as possible. So shall we best serve and know.

H. P. Blavatsky was the Messenger from the Great Lodge to the western world. William Q. Judge was a co-founder and co-worker with H.P.B. from the beginning. It is well to remember that H.P.B. and W.Q.J. were not accorded the positions They held through any authority, but through recognition of Their knowledge and power.

They were sui generis; all others are but students. Those who belittle Judge will be found belittling H.P.B. An ancient saying has it, “Accursed by karmic action will find himself he, who spits back in the face of his Teacher.” Not an elegant saying, perhaps, to our ideas, but it conveys a fact of most grave import in occultism. “By their fruits ye shall know them.”

To those who know H.P.B. and W.Q.J., attacks are worthy of consideration from only one point of view—that they turn the attention of many who would otherwise learn the great truths of Man and Nature. Theosophists cannot but take the position expressed in the words, “Father, forgive them, for they know not what they do.”

As ever, R. C.

from The Friendly Philosopher, p 3 – 5 by R.Crosbie

Next month:

“The Spirit In The Body”